



Contains over 5,000 expressions, including: titles, words, phrases, captions, quotes, and idea's, that will make your scrapbook unique!

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INTRODUCTION

Have you ever been lost for words, can't think of what to say, tired of racking your brain for the right expression to title your memorybook pages? Well, this book has most of the answers! Now you can stop spending all of your valuable time searching, because I have done all the research for you in this valuable reference book.

This 123 page reference book contains over 5,000 expressions, including: titles, words, phrases, captions, quotes, and ideas to help you get your scrapbook moving in the right direction.

Let me tell you a little bit about my motivation for making this book. First, I must say that I have dedicated myself to several months of research and endless hours of typing and editing to provide you with this invaluable tool. Why? Because, just like you, I have a burning love for scrapbooking, and I want to help you preserve your memories in time

I am married to a wonderful man with whom we both share the greatest gift of all, our children Stephanie and Alan! I want to preserve all their priceless moments of time, like their smile, their first step, or their first day going to school, how about birthdays, vacations, or holidays, then there's the prom, graduation, even marriage, etc. etc., all of life's great milestones captured in acid free, lignin free memorybooks for them to cherish when they get older. Not only will they cherish the memories of their childhood, but they will cherish the thoughtfulness, creativity, and time that I have spent producing such a wonderful album of memories full of love from their Mother!

Thank you for purchasing this book and if you would like to order additional hardcopies for your friends or relatives, please visit http://www.lasting-expressions.com. You can also contact me at the following email address:

Terri Burritt (info@lasting-expressions.com)

ADOPTION

- Chosen and Loved
- Family.....the we of me
- Love at First Sight
- Loving Hearts Embrace You
- Our Family Tree has a New Branch

AGE

- 40 isn't old if you're a tree.
- After 40 its a matter of maintenance.
- After 50 it's patch, patch, patch
- Age brings out the best in good wine, good books and good friends.
- Age doesn't protect you from love...but love, to some extent, protects you from age.
- Aged to perfection
- At 20 years of age the will reigns; at 30 the wit; at 40 the judgment.
- At my age happy hour is nap time.
- Count your life by smiles, not tears. Count your age by friends, not years.
- From birth to age 18, a girl needs good parents. From 18-25, she needs good looks. From 25-55, a woman needs personality. And from 55 on, the old lady needs cash.
- I'm at the age when the gray-haired person, I help across the street is my spouse.
- Kindness is becoming at any age.
- Middle age is when broadness of the mind and narrowness of the waist change places.
- Middle age is when you chose your cereal for the fiber, not the toy.
- The secret to staying young is to find an age you really like and stick with it.
- The woman who tells her age is either too young to have anything to lose or too old to have anything to gain.
- You are young at any age if you are still planning for tomorrow.

AGING

- As you get older, you gain knowledge, tolerance and serenity......then your teeth fall out.
- Be nice to your children they pick your nursing home!
- Beautiful young people are acts of nature; beautiful old people are works of art.
- CLASSIFIED ANTIQUE!
- Don't criticize the coffee you may be old and weak yourself someday.
- Don't worry about the little gray hare
- For years I wanted to be older, and now I am.
- God made some of us perfect -- the rest of us He gave hair.
- Golden Years
- Gray hair is a glorious crown won by a righteous life.
- Growing old is no more than a bad habit which a busy man has no time to form.
- Hair Today, Gone Tomorrow
- Hair's to You!
- Here's to you. No matter how old you are, you don't look it!
- I don't believe in aging. I believe in forever altering one's aspect to the sun.
- I don't get stressed....I just go bald.
- I like my bifocals. My dentures fit me fine. My hearing aid is perfect. But Lord I miss my mind.
- If I had known I was going to live this long. I would have taken better care of myself.
- If things get better with age, then you are approaching magnificent.
- If wrinkles must be written upon our brows, let them not be written upon the heart. The spirit should never grow old.
- It takes about ten years to get used to how old you are.
- It takes a long time to become young.

- Life begins at 80.
- Like fine wine.....we've improved with time.
- Over the Hill? I don't remember any hill.
- Retired but not tired!
- Retirement is a full time job!
- So many candles.....so little cake
- The more candles, the bigger the wish
- The person who has lived the most is not the one with the most years, but the one with the richest experiences.
- The splendor of old men.....their gray head.
- We mourn the passing of your youth.
- You know I wouldn't call you old......I'd call you chronologically challenged!
- You know you're old when "getting a little action" means your prune juice is working.
- You know you're over the hill when the only whistles you get are from the kettle.
- You're not old...your chronologically gifted!

ANGELS

Guardian Angels

- A bit of sun, a bit of cheer, a guardian angels always near, someone to love, some work to do, these things I warmly wish for you.
- Angels are the guardians of our souls.
- Guardian angels drawing nigh, feel their presence from on high.
- Guardian angels never take vacations.
- Guardian angels work on a wing and a prayer
- My guardian angel has a tough job.
- Never drive faster than your guardian angel can fly!
- Our guardian angels are our companions for life.
- This angel made me think of you and all the thoughtful things you do. On my wall for all to see, my guardian angel watches over me.
- Wherever you go, whatever you do, May your guardian angel watch over you.

Regular Angels

- A company of angels follows us wherever we go. They share everything with us our happiest hours and our deepest sorrow.
- A kind soul is inspired by angels.
- An angel assures us that we can discover universal truths.
- An angel can illuminate the darkest path.
- An angel falls from heaven with each drop of rain to guide it to its place.
- An angel in the house they say, will guard your family night and day.
- An angel, like the cricket, speaks in darkness.
- An angel without freckles is like the heavens without stars.
- An angel's gift is a gift of hope, like snowflakes, no two angels are alike.
- An angel's love, like a quiet summer day, is as uncomplicated as breathing in and out.
- An angel's work is never done.
- Angel Eyes
- Angel on Duty
- Angel sent from above, please protect the ones I love.
- Angels are a natural part of the scenery, so don't be surprised if you don't recognize them right away.
- Angels are always searching, but sometimes they're seeking more questions, not answers.
- Angels are like intuition... they gleam their fiery embers within our soul.
- Angels are not superior to us, they are merely our spiritual counterparts and helpers.
- Angels are secret friends watching over us.
- Angels are the light that illuminates our souls divinity.
- Angels are the love that overcame hatred.

- Angels are the spirit that permeates the universe and lives within us. We seek oneness.
- Angels are vigilant and wait for openings to enter our.
- Angels carry messages of love.
- Angels caution us to retain our inner peace in a world that may sometimes appear to have gone crazy.
- Angels encourage us to create a happy home to nurture our souls.
- Angels gather here.
- Angels give us faith to wait for mysteries to be revealed.
- Angels have countless suggestions, but are discreet in helping us discover answers through our own insights.
- Angels have no boundaries, but are willing to respect your.
- Angels have wings to carry your prayers.
- Angels have wings to carry your prayers to God when prayers go up -- blessings come down.
- Angels help free us from the web of negativity
- Angels help us decipher the mysteries in life by encouraging us to share our insights with them.
- Angels help us spread our wings and fly.
- Angels help us visualize our dreams and then find ways to help make them come true.
- Angels impart a calmness that assures us of God's endurance.
- Angels know that if you smile it is infectious.
- Angles know that it's unnecessary to solve life's mysteries, but hope that we enjoy them.
- Angels know that the care of the souls lies in its simplicity.
- Angles know that when we infuse our soul with the beauty of life, we will realize our dreams.
- Angels lend us their wings so that we may find our way home.
- Angels offer us their hearts and souls; we must respond by offering ours in return.
- Angels on Duty
- Angels remind us that we are loved as well as needed by this world.
- Angels see the smallest and simplest of things as a reason to celebrate, and do so by radiating their joy.
- Angels see us for what we are, and they love what they see.
- Angels sent from above, please protect the ones I love.
- Angels sing when a child is born.
- Angels urge us to take risks and will always catch us if we stumble.
- Angels visit us on earth to remind us that we have a celestial beginning.
- Angels welcome diversity and so are champions of our individuality.
- Angels, before they dance over the seas and on the wind, always offer to carry us with them.
- Angels, like crickets, speak to us in darkness.
- Angels, like friends, have open arms and seek our love.
- Anyone who helps you grow is an angel to you.
- As I gaze upon your beauty, I think to myself, never have I seen an angel fly so low...
- Be not forgetful to entertain strangers for by doing so some have unwittingly entertained angels.
- Carve quiet spaces in your life, and in the silence you will hear the angels.
- Earth Angels
- Every time a bell rings an angel gets its wings.
- Fairies are invisible and inaudible like angels. But their magic sparkles in nature.
- Friends are always angels, angels are always friends.
- God lent us an angel, sent from Heaven above.
- Good friends are angels on earth.
- Grandmas are earth angels
- Grandmothers are angels in training.
- Happy is the heart that believes in angels.
- I believe in angels.
- If you ask, an angel appears.
- If you share a smile, you have also shared an angels love.
- If you walk in love, you walk with angels.
- If you've ever felt love, then you most certainly have been touched by an angel.
- In the stillness of the night, listen for an angel. Angels are always there to listen have you shared you innermost thoughts today?

- Lights fade, stars appear, and all the angels gather near.
- Lights fade, stars appear, evening angels gather here.
- Listen for the singing of the birds and the whispering of the angels.
- Little Angels up above, Bless our home with lots of love.
- Love is how you earn your wings.
- Miracles happen to those who believe in angels.
- Mommy/Daddy's little angel
- Music is the voice of the angels.
- Night falls, stars appear, evening angels gather here!
- Never fear Angels are near.
- Of course there is such a thing as angels. Only, sometimes they don't have wings and we call them
 friends
- On my wall for all to see, my guardian angel watches over me.
- Our life is a window through which angels appear.
- Our lives are a journey that we should travel with angels.
- Our mind is a sacred place for our thoughts to gather and spend time with angels.
- Real angels don't have wings
- Sent from above.
- Simple moments are extraordinary....Simple angels are divine.
- Star light, star bright, Angels watch us through the night, I wish I may, I wish I might have sweet dreams all through the night.
- Sun shines, birds sing, garden angels flowers bring.
- The angels from above, looked down and joy unfurled as God so tenderly gave to us our little baby girl.
- The angels gazed upon us and smiled with abundant joy As God so tenderly gave to us...Our little baby boy.
- The angels know that as the seeds of fruit reenter the earth, the cycle of life continues.
- The angels light another star each time there is a birth to celebrate each precious child the Good Lord sends to earth.
- The angels looked down and joy unfurled as God gave us our baby boy.
- The river of life flows with angels upstream, blending bliss and sadness with the knowledge that you'll meet happiness around the bend.
- The song of a robin is an angels voice in the garden.
- This angel made me think of you and all the thoughtful things you do.
- This little angel was sent from above, to fill your heart with joy and love.
- We are two angels with one wing and we can only fly by embracing each other.
- We can broaden our horizons by creating beauty apart from space and time.
- When anxiety looms, stop and take a deep breath. While you rest, angels will step in and restore serenity.
- When the stars are twinkling, an angel awaits your prayers.
- When we invite an angel into our inner sanctuary, we create a home for love.
- When you desire fragrance, an angel is a flower. When you desire music, an angel is a songbird.
- Where you may see a fading bloom, an angel notices the flower budding.
- Wherever you go, whatever you do, may the angels watch over you.
- Wind chimes in your yard will serenade garden creatures squirrels, fairies and angels.
- You can tell an angel by the miracles he leaves in his path after he's gone.

ANIMALS/PETS

Bears

- A "beary" good boy
- Bear Bottom
- Bear Hugs
- Bear Necessities
- Bear'ly Breathing

- Bear'ly Dressed
- Bear'ly One Year Old
- Beary Cute
- Beary Much Alike (brothers, mom & daughter, father & son, sisters)
- Beary Special
- Beary Sweet
- Don't be a bear....Smile!
- Everything in life I'll share, except my teddybear
- Friends make life bearable
- Good friends are like teddybears....keep your secrets
- Grin and Bear It
- Happiness is a beary big hug
- Hunny Bunny
- I can 'bear'ly wait!
- I couldn't "bear" it if you _____. (fill in the blank)
- I love you Beary much!
- Love bears all
- Love bears all things
- Me and My Teddy
- Momma Bear, Poppa bear and Baby Bear
- My Slumbear Party
- My Teddybear and me....best buds
- Teddy bears picnic
- Teddy bears tug at my heart.
- Teddy lovers give big bear hugs!
- The 'Beary' best of friends!
- We can't "bear" to see you go
- Wishing you a beary happy day!
- You are a beary special friend
- You have a beary special place in my heart.
- You're un-bear-able

Bees

- Bee-lieve in Miracles
- BEE-WARE!
- Bee-sy Spring
- Busy as a Bee
- Buzz Off...
- Don't worry, BEE Happy!
- Havin' a hunny of a day!
- Hunny, bee mine!
- Hunny, I'm stuck on you!
- I bee-lieve in you
- Just Bee-Boppin' Around
- Just bee-lieve
- Mad as a hornet
- My bee-tiful Kids
- My honeycomb or yours?
- The Latest Buzz....
- Un-bee-lievably Cute!
- You bee-long to me

Birds

• ... A chick chick here and a chick chick there....

- A bird does not sing because he has an answer, he sings because he has a song.
- A dog is a dog, a bird is a bird, and a cat is a person.
- An angel is a songbird.
- Bird's Eye View
- Birds of a feather flock together
- Every Birdy Welcome
- Feed the birds
- For Wrent
- God gives every bird its food but does not throw it into its nest.
- Home 'tweet' Home
- How Tweet
- How Tweet it is
- I can talk, can you fly? (parrot)
- I tawt I taw a puddy tat!
- No Cats Allowed!
- No Vacancy
- Private Bath No Peeping
- Proud as a peacock
- Snow Birds Welcome
- Something to "crow" about!
- Sun shines, birds sing, garden angels, flowers bring
- The birds
- This place is for the birds.

Cats

- A kitten is more amusing than half the people one is obliged to live with.
- A meow massages the heart.
- All animals are equal, but some are more equal than others.
- Alley Cat
- Cat Lovers Are PURRfect
- Cat on a hot tin roof
- CATastrophe
- CAT-egories
- CATnap
- CATnapping
- CAT TAILS
- Cats, always on the wrong side of every door.
- Cats Are Angels with Fur
- Cats are just children with fur!
- Cats, like butterflies, need no excuse.
- Cats motto: no matter what you've done wrong, always try to make it look like the dog.
- Cats Rule and Dogs Drool
- Cats understand the importance of a nap
- Cool, Cool, Kitty
- Creepy cat
- Curiosity killed the cat?
- Curiosity killed the cat? But Satisfaction brought him back!
- Feline Friends
- Home is where your cat is
- I purr, therefore I am.
- I Tawt I Taw a Puddy Tat!
- I'm Impawsible
- I'm Not Rude, I've Got Cat-i-tude
- If you are worthy of its affection, a cat will be your friend but never your slave.

- In this house the cat's in charge
- It is better to feed one cat then many mice.
- It's raining cats and dogs....
- Just Cat Napping
- Kitten on the keys
- Meow Spoken Here
- My Cat is my Best Friend
- My Friendly Felines
- No Cats Allowed
- Paws and Prints and lots of purrin'
- Purr-fect Pals
- Purr-fectly Sweet
- Pussy-cat, pussy-cat, where have you been?
- Pussy Footing Around
- PUURRRFECT
- Quicker than a cat on a hot tin roof
- Sittin' pretty with my kitty
- The Cat's Meow
- The cat's in the box
- The cat's out of the box
- The Cheshire Cat
- The days may be doggy, but the nights belong to us kitty cats!
- The kids were allergic to the cat, so we gave away the kids.
- The Mews Brothers
- The smallest feline is a masterpiece.
- There is always time for a cat-nap. (photos arranged like a clock)
- This house owned by one spoiled rotten cat
- This house protected by an Attack Cat!
- When the cat's away, the mice will play
- When you have a cat, Everday is Purr-fect
- Yes, her royal highness is in!
- You cannot look at a sleeping cat and feel tense.
- You don't own your cat. You just give them room and board
- You're NOBODY until you've been ignored by a CAT

Cows

- A herd of cow-sins
- COW's it going?
- "Cow"nt Your Blessings
- I'm in the Moo -od for
- MOO time
- Tomorrow is an udder day.
- Udderly Adorable
- Udderly Cute
- Udderly Exciting
- Udderly Fun
- You're udderly adorable
- You're udderly wonderful

Dogs

- A dog is a man's best friend
- A dog says "I love you" with his tail
- All animals are equal, but some are more equal than others.
- All dogs go to heaven

- All good things that have come to me have come through my dog...
- Bad to the Bone
- Bone Appetite!
- Bow Wowing the Night Away
- Dalmatian Plantation
- Dog Days Afternoon
- Dog-Gone Cute!
- Doggies' Dog Ease (picture of them sleeping)
- Dogs are just children with fur!
- Dogs are not our whole life, but they make our lives whole.
- Dogs come when they're called, cats take a message and get back to you.
- Don't accept your dog's admiration as conclusive evidence that you are wonderful.
- Every dog has his day
- Go Dog Go
- Happiness is a warm puppy
- He's not my dog, he's my best friend
- Home is where your dog is
- How Much is That Doggie in the Window?
- I ruff you
- I'm the Cat's Meow..even if I'm a Dog!
- If a dog's prayers were answered, bones would rain from the sky.
- If you feel 'dog tired' at night, maybe its because you've growled' all day.
- If you want the best seat in the house, you'll have to move the dog!
- In order to keep a true perspective on one's importance, everyone should have a dog that will worship him and a cat that will ignore him.
- It's a doggy dog world
- It's a dog's life
- It's raining cats and dogs
- Just too Dog'on cute and no Bonz about it!
- Kiss me, I'm a dog lover
- Let sleeping dogs lie.
- Life has gone to the Dogs
- My dog is my pet, but also my friend
- My dog's bigger than your dog.
- My Goal in life is to become as wonderful as my dog thinks I am.
- My name is No No Bad Dog. What's yours?
- No Bones About It
- No dog's allowed
- Oh where, oh where has my little dog gone?
- Old dogs, like old shoes, are comfortable. They may be a bit out of shape and a little worn around the
 edges, but they fit well.
- Our house was a very, very fine house with dogs in the vard.
- Puppy Love (They Call It)
- The best thing about a man is his dog
- The days may be doggy, but the nights belong to us kitty cats!
- The one absolutely unselfish friend that man can have in this selfish world is his dog.
- There is no psychiatrist in the world like a puppy licking your face.
- This house protected by an Attack Dog!
- Too dog gone cute
- Too doggone cute and no bonz about it.
- We'll have a dalmatian Plantation!
- Whoever said you can't buy happiness forgot little puppies.

General

• A Trunk full of _____! (happiness, love, sunshine, smiles, kisses, etc.

- A 'zoo' per day
- All animals are equal, but some are more equal than others.
- All creatures great and small, the Lord God made them all.
- An Elephant may not have forgotten, but we did
- And God Created
- And let's not forget.....
- Animal Farm
- Animal House
- Ants in your pants
- At the zoo
- Backyard buddies are the best!
- Busy as a Beaver
- Butterfly Kisses
- Catch the zoo
- Cuddle Bugs
- Cute and fuzzy as a bunny
- Dandy' lion dude
- Day at the Zoo
- Dino-mite Kid
- Do the Zoo
- Don't bug me....I'm busy!
- Don't Monkey Around!
- Don't Monkey Around! Come play with me!
- E-I-E-I-O
- Ewe are loved
- Feelin' Snappy!
- Fun at the zoo
- Furever friends
- Hear no evil, speak no evil, see no evil
- Hickory, Dickory, Dock (use parts of the nursery rhyme)
- Hold your horses
- · Hooked on Fishin'
- Horsey, horsey, on your way
- Horsin' Around
- Hunny Bunny
- I miss you little, I miss you big. I miss you like a little pig!
- I toad you so!
- I Work for Peanuts
- I'm impawsible!
- It's a jungle out there
- It's an animal house
- Just 'Lion' Around the House
- Just 'Lion' Around
- Just 'Monkeying' Around
- Just stickin' around
- Lions, and tigers and bears, oh my!
- Look who's at the zoo
- Love lives in happy hearts and furry friends
- Man or Mouse?
- Monkey Business
- Monkey see, Monkey do
- Monkeying Around
- My Little Piggies
- My mommy nose everything (elephant stickers)

- Never fight with a pig you'll both get muddy and the pig will love it.
- Never try to teach a pig to sing, it wastes your time and annoys the pig.
- No More Monkeying Around
- No Vacancy
- Not a creature was stirring not even a mouse
- Oink, oink, I'm a little pig
- Old MacDonald had a farm
- One fish, two fish, red fish, blue fish
- Our Little Monkey
- Our Private Zoo
- Out Like a Lion, In like a Lamb
- Peek a boo I sea you! (ocean theme)
- Pets "R" Us
- Pig Out
- Pigging Out
- Piggy Back rides are best
- Please don't feed the animals.
- Please don't hog the
- Pony Express (horses)
- Porking Out
- Precious Pets!!
- Pretty in Pink (use pig)
- Quiet as a church mouse
- Quiet as a mouse!
- Roaring for his rights (use lion)
- Rolly Polly's and lady bugs.....MMM Good!
- Say Cheese! (mice)
- Sleep and let Sleep
- Snow Bunny
- Some Bunny Loves Ewe
- Some Bunny Loves You
- Speckled frog
- Swing my way (monkey)
- The ants go marching on one by one
- The New Zoo Review
- Thinking of ewe
- This little pig went to the market
- This little piggy
- To all the pets I've loved before
- 'Toad'-ally Awesome
- Toad-ally Cute
- Trip to the zoo
- Turbooooo!
- Wart's New?
- Watch Out! These Animals Sure Are Hungry!
- Watch out zoo, here we come
- We all want to be butterflies, but most of us never grow wings.
- Welcome to the funny farm
- Were you raised in a barn?
- What a Pig Sty!
- What's good for the goose is good for the gander!
- When pigs fly
- Wild Thing
- Wonderful Zoo

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